

SEMINAR NOTES

BRIAN TRACY

The Science of Positive Focus

From goal setting to the psychology of achievement, New York Times bestselling author and motivational speaker Brian Tracy knows what he is talking about. This powerful session on staying positively focused is filled with ideas for higher achievement. You'll learn exactly what to do in order to the break negative patterns that are stopping you from reaching your next level. Goal setting is one of the core skills for creating your ideal life. You'll discover the critical steps necessary to stay focused on your goals and make the goal setting process fun, instead of a chore. You'll also get the motivational boost you may need, to follow through on your goals and keep yourself in balance. Loaded with great ideas and philosophies for the achievement of big dreams, this power-packed training video is one of Brian Tracy's best ever.

Brian Tracy is one of the most in-demand speakers in the world on the subjects of goal setting, success and personal performance. He's a dynamic and entertaining presenter, teaching critical laws and important ideas on how to reach higher levels of achievement. Brian Tracy is the author of numerous best-selling books and audio programs on achievement, and has appeared on countless television and radio shows. In addition, he is featured regularly in major publications across the country, and overseas. Brian Tracy has also conducted high-level consulting assignments with several billion-dollar-plus corporations in strategic planning and organization development.

Master Keys for Reaching Your Next Level



Brian Tracy



Part Two

SEVEN RULES FOR THE 21ST CENTURY

1. Your life only gets _____ when you get _____ .
2. It doesn't matter where you're _____ from, all that matters is where you're _____ .
3. Anything worth _____ is worth doing _____ at first.
4. You are only as free as your well-developed _____ .
5. Within every _____ or _____ you face, there is a seed of an _____ or _____ opportunity or benefit.
6. You can _____ anything you need to _____ to achieve any _____ you can set for yourself.
7. The only _____ on what you can do are the ones you impose on yourself by your own _____ .

Action Commitment

What one action are you going to take immediately as a result of this session?

Notes:

Additional Notes

Upcoming Events

Warren Greshes

MAKE MY LIFE EASIER

What the 21st Century Customer Really Wants

Release Date: May 20, 2004

Tony Alessandra

THE PLATINUM RULE

Powerful People Skills for Building Long Term Relationships

Release Date: July 20, 2004

Bob Proctor

THE SCIENCE

OF GETTING RICH

Power Principles for Creating More Wealth in A Rapidly Changing World

Release Date: September 20, 2004

Connie Podesta

LIFE WOULD BE EASY IF IT WEREN'T FOR OTHER PEOPLE

Strategies for Thriving In Your Personal & Professional Life

Release Date: November 20, 2004

Blaine Athorn

MEMORY POWER

Supercharge Your Mind to Instantly Recall Names, Ideas & Information

Release Date: January 20, 2005

Jeff Slutsky

STREET SMART

SELLING SKILLS

Innovative Tactics for Taking Your Client Base to A Whole New Level

Release Date: March 20, 2005