

SEMINAR NOTES

MARILYN SHERMAN

SUCCESS STRATEGIES THAT WORK

Have you ever felt like you were in a rut, stuck in a comfort zone, or unable to break through to your next level? It's common and frustrating, but life doesn't have to be that way. With the right strategies, anyone can take their life to a whole new dimension, and that's exactly what you'll learn how to do in this high-energy, high-content seminar. In less than an hour, you'll uncover strategies for creating a new vision, setting and achieving bigger goals, staying more positive, reflecting on your past successes, and gaining the support of people who will help turn your vision into a reality. And all of these skills are delivered through stories and examples that make the process easy. It's time to break through any barriers that may be holding you back and lead the life that you've always dreamed of.

Marilyn Sherman has been a professional speaker and trainer for the last 18 years. She has spoken in all 50 States, all over Canada, as well as Germany and Bermuda. With a tremendous passion for speaking, she has addressed a wide range of audiences from organizations such as Starbucks, Coca Cola, Ritz Carlton, Society of Human Resource Management, and the FDIC to name a few. Marilyn Sherman has authored a number of motivational books including *Whose Comfort Zone Are You In?* , and *Front-Row Service*. In addition, her articles have appeared in several major trade magazines and national publications. Get ready to laugh, learn, and be inspired by this truly life changing seminar.

**How to
Create a Vision,
Set Goals & Lead
an Extraordinary Life**



Marilyn Sherman



www.seminarsondemand.com

Success Strategies That Work

What is your comfort zone?

Confident people live their own lives, and they are not influenced by negative people. When you make decisions, look within to see if you are following your passion or if you are trying to please other people who may not have you in their best interest.

1. Focus on the 1 trait that all successful leaders have: _____
2. Identify your GO-TO person: _____
 - a. Within the next 24-48 hours, acknowledge them
 - b. Just be careful who you go to!
3. Set GOALS using the four musts:
 - a. Be _____! b. Be _____
 - c. Think `em and _____ c. Make them believable to: _____
4. Look at obstacles differently:
 - a. What are some obstacles that prevent you from achieving more success?

5. Be Front-Row Positive!
 - a. Win-List b. Humor-Filec. Find hero stories (Rabbit-Proof Fence/Lin Hau)

Start today because TODAY IS THE DAY!

For a FREE copy of Marilyn's poem, text the word POEM to 411-247 and follow prompts.

